



*Do you know about the changes in the new NICE Guideline for ME/CFS 2021?*

*Do you want to fill some of the gaps left in your medical education?*

*“This series of videos is of superlative quality and has become a unique resource for many – from those affected by the illness, healthcare professionals and those with family members coping with ME/CFS.” ME Research UK*



Prologue: Dialogues for a neglected illness



**Do you want to be able to more effectively help your child, partner, friend or relative with ME/CFS?**

**If you care for someone who is very severely ill, are there more things you can do to support them?**

**Activity and Energy Management - Pacing, Severe and Very Severe ME/CFS, Post-exertional Malaise, Patients' Accounts of Key Symptoms, Graded Exercise Therapy, An Introduction to ME/CFS, The Tangled Story of ME/CFS.**



*Watch the videos and listen to doctors, high quality international researchers, ME patients and their carers explain what they have learned.*

[www.dialogues-mecfs.co.uk](http://www.dialogues-mecfs.co.uk) Videos and website made with a Wellcome Public Engagement Fund Award 2018/2021